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HACKETTSTOWN REGIONAL MEDICAL CENTER

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MATERNAL SERVICES

(Scope)

TITLE: SET-UP OF INSTRUMENT TABLE FOR VAGINAL DELIVERY

PURPOSE: To outline steps for setting up sterile equipment for vaginal delivery per provider preference.

SUPPORTIVE DATA:

- 1. Use of sterile technique to reduce risk of postpartum infection for the mother.
- 2. Trained personnel setting up table will wear hat and mask and sterile gloves.
- 3. Sterile Fields should be prepared as close as possible to the time use. The potential for contamination increases with time because dust and other particles, stirred up by movement of personal, can settle on horizontal surfaces. Direct observation increases the likelihood of detecting a breach of sterility. Currently, there is no scientific data to support the practice of covering or not covering sterile fields. Removing the table cover may result in a part of the cover that was below the table level to be drawn above the table level. It is important to continuously monitor all sterile areas for possible contamination.

EQUIPMENT:

- A. Full Set up
 - 1. Delivery Instruments
 - 2. OB delivery pack
- 3. Sterile cord blood tube
- 4. Sterile gown per provider preference
- 5. Sterile gloves: 1 pr. in healthcare provider's size, 1 pr. in trained personnel's size
- 6. 10 cc syringe and 21 gauge needle
- 7. Magnetic needle holders
- 8. Cord clamp
- 9. Sterile labels and pen are available

CONTENT:

Using sterile technique:

- Open OB delivery pack, discarding outer plastic wrapping and placing opened pack on table as per directions printed on pack.
- 2. Open other packs and empty onto sterile field created by open delivery pack.
- 3. Don sterile gloves, using sterile technique
- 4. Using sterile technique, arrange items on delivery pack field, placing healthcare provider's gloves under gown/towel in lower left hand area of table.
- 5. Take instruments from sterile packet and arrange across table from left to right in order that they may be used during delivery procedure. (See diagram attached)
- 6. Take towel from instrument pack and place on table per diagram.
- 7. Place medicine cup to center of table.
- 8. Place cord clamp and one scissors to left of table to allow for nursery nurse to obtain both without contaminating table.
- 9. Cover instrument table with cover provided in delivery pack.
- 10. Label table with time of set up. Table is good for 8 hours from time of set up.

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SMALL TABLE SET UP

